

## **Types of Coaches**

- The Responsive Coach
- The Time Bomb - easy to know when he "goes off."
- The Toothache - never goes away
- The Hemorrhoid - never lets up
- The Surgeon - dissects you for 32 minutes and you don't know it

## **Dealing with Coaches successfully**

- Do not argue
- Be firm and fair
- Be courteous
- Do not use their language
- Lend a reasonable ear

## **Calling the Technical Foul**

- Calling a technical does not have to be a demonstrative act - often it is better to handle it calmly
- Know your tolerance threshold
- Answer a polite question asking for clarification STEP1
- Give an initial strong warning-STEP 2
- Let your partner know about the warning
- Call the technical STEP 3
- After calling the T talk with your partner and get away from coach
- Partner needs to help to avoid an immediate 2nd T
- Partner should avoid becoming "buddy" to the coach
- Take a deep breath to calm yourself
- Report clearly to the table