



PLAYER & PARENT HANDBOOK

Mildura Junior Heat
Representative Program

“At the start of every season we should always encourage players to focus on the journey rather than the goal. What matters most is playing the game in the right way and having the courage to grow, as human beings as well as basketball players. When you do that, the result takes care of itself.”

WELCOME

This booklet is designed to provide the parents of players selected to play with the Mildura Junior Heat, the Representative Teams of the Mildura Basketball Association, with an overall view of the program.

Mildura Junior Heat provides opportunities for U12 to U18 male and female athletes, to play in Mildura’s representative program in a conducive coaching environment, where players are supported in reaching their playing potential, and competing at an elite level.

The program also offers Basketball Victoria accredited level coaching and is the local gateway into state representative pathways and beyond.

We hope the players, parents and friends of Mildura Junior Heat (MJH) have a meaningful and rewarding time throughout the season both on and off the court.

JUNIOR HEAT PHILOSOPHY

- To provide all athletes with the opportunity to represent Mildura at the highest level.
- To become a strong and most fundamentally sound representative squad program we can be.
- To provide all athletes with the opportunity to develop their skills in a safe, friendly, productive and enjoyable learning environment.
- To develop a solid foundation of individual skills for the future development of basketball in the region.
- To provide all athletes with a high standard of coaching and instruction.
- To provide all athletes with high quality and well-structured training sessions.
- To provide all coaches with guidance, opportunities and pathways to improve their skills.

If your child is trying out for Mildura Junior Heat, they must be a registered player in the Mildura Basketball Association domestic competition or a competition close to Mildura. (Robinvale & Ouyen)

2024/2025 JUNIOR HEAT COMMITTEE

The JHC is a group of volunteers who work with the Director of Coaching (DOC) and Mildura Basketball Association (MBA) Board to manage the day to day running of the Junior Heat program. The MBA is the controlling body of the Junior Heat program and relies on the JHC to ensure that the program is running efficiently.

Chairperson	Holly Tumanuvao	Director of Coaching	Mahaela Jackson
Treasurer	Kerrie Pitt	Administration	Rowena Humphris
Team Manager	Kelly Scherger	Social Media	Kim Anstey
Liaison			
Program Liaison	Angela Mitchell	Uniform/Apparel	Holly Tumanuvao

TRY-OUTS

There will be 3 x try-out sessions for each age group, spread over 4 weeks, that all athletes are encouraged to attend:

#1 Sunday 7th July -ALL #2 Sunday 14th July -ALL #3 Sunday 21st July U16/U18

#3 Sunday 28th July U12/U14

***Attendance at all sessions is expected to be eligible for selection. If you are unable to attend any or all sessions, please indicate on the on registration for consideration to remain eligible.*

AGE GROUPS

- U12 (2014 top age, born 2015 bottom age), U14 (2012 top age, Born 2013 bottom age)
- U16 (2010 top age, born 2011 bottom age), U18 (2008 top age, Born 2009 bottom age)

SELECTIONS

Please refer to the attached **Mildura Junior Heat Representative Program – Player and Team Selection Policy and Procedures**.

FEES

Once selected, all players will be required to register on PlayHQ for the season. The first registration will have a one-off payment of roughly \$375 (minus \$30 try out fee). This will need to be completed before the first tournament.

Fees include:

- Tournament entry fees to all five tournaments (no refunds will be given for personal non-attendance)
- MJH equipment
- Court and training costs
- Admin fees

Division One players will attend State Championships which will have an additional tournament fee, these will be invoiced at a later date.

PAYMENT PLANS- Families can request a regular payment plan for the term of the season. To activate the request, the family must contact our treasurer Kerrie Pitt to make arrangements.

COURT TIME

The amount of court time given to players varies according to the team needs, individual performances, strategies & tactics employed by the Coach and the DOC. Due to the nature of Representative Basketball, players cannot be guaranteed equal court time.

COMMITMENT

The level of commitment for athletes varies with each age group but there are some common expectations. Athletes must commit to being available to play in all tournaments as recommended by the DOC, and available for all training sessions as follows:

- 1 x 1.5hr training each Saturday morning/afternoon (time to be determined)
- 1 x 1.5hr training one morning or afternoon per week (day and time to be determined by your coach)

Please Note: the second training session will replace the weekly domestic game which has been part of the program in previous seasons.

We understand morning training may present a challenge (i.e., players residing in Robinvale), however necessary due to court availability. Extenuating circumstances such as this may be considered.

It is expected that as part of the Junior Heat program, basketball should be the athlete's priority sport during the Junior Heat season.

Concessions may be made for academic or work-related commitments, however, involvement in other sport may not be a satisfactory reason for failing to train or play when required by the coach.

All athletes will be required to complete the Junior Heat Athlete & Parent Declaration which will be made available online by the Junior Heat Committee prior to the season.

- Each child will be required to bring their playing singlet, basketball, and drink bottle to training.

UNIFORMS/APPAREL

No free uniform allocations will be made to returning athletes this season with the intention of re-using uniforms from last season. Should your child require additional uniforms they can be ordered and paid for on our allocated uniform ordering day (date and time TBC). New athletes to the program will receive one free singlet and pair of shorts and can order any additional sets on our ordering day. **Orders will not be placed until teams are selected.**

Additional playing tops will be available to order for \$40.00 each.

All new players will receive a pair of playing shorts. Existing and new players can order a second pair of shorts at our ordering day for \$20.00 each.

There will be no extra orders for singlets and shorts during the season.

A MJH warm up top will be provided to all new athletes to the program.

Players are required to wear the official Mildura Junior Heat uniforms for training sessions, pre-game warm-up, and during the game.

Allocation of player uniform numbers is done by the MJH, requests for specific playing numbers will not be granted. Once a player has been allocated a playing number this will be that player's number for the time they play at Mildura Junior Heat.

Extra apparel can be ordered online from Laser Print & Signs www.lasersp.com.au

These items are not compulsory.

CODE OF CONDUCT

There is zero tolerance shown towards any inappropriate or abusive behaviour from Athletes, Coaches, Team Managers, Parents or Spectators.

Parents are not to approach the Coach immediately prior to, or for 24 hours following games or training, with the intention of discussing concerns or game/training related matters.

During training and games, all direction and instructions come from the coach and assistant coach only. **Parents are not to coach from the sidelines.**

Coaches, parents and players must also be committed to the Junior Heat Code of Conduct and have an obligation to understand the Junior Heat Operational Policies and Guidelines. These can be found on the Mildura Heat website. All parents and players will be required to sign the code of conduct prior to starting the season.

QUERIES/CONCERNS

All initial queries/concerns should be directed initially to the Team Manager. If the query/concern cannot be resolved, the Team Manager will then discuss the issue with the Coach and/or the Program Liaison.

If the query/concern is related to coaching or playing time this should be directed initially to the Team Manager.

Non-coaching matters or matters of a serious nature should be referred to the Program Liaison, who will either resolve the issue, bring it to the attention of the JHC or if required raise it with the MJH Chairperson and DOC. If required, matters may be referred to an external agency for mediation, investigation or resolution.

All concerns must be in writing and include the name of the author. Anonymous letters of concern will not be considered. If the author would like to have their name withheld this can be arranged.

JHC meetings are held monthly and will review issues and concerns that arise. If required due to the serious nature of an issue or concern, an additional meeting may be called to address and resolve an issue or concern.

TEAM MANAGERS

A Team Manager will be appointed as a volunteer and is usually a parent within the team.

Team Managers are responsible for:

- Administration support to the Team and the Coach.
- Communicating important information to players and their families.
- Assisting the coach, ensuring the safety of all players throughout every game.
- Arranging a scorer/timekeeper roster for each tournament.
- Ensuring all scorers understand the tournament rules.
- Ensuring all players are wearing correct MJH uniforms when training, warming up and playing.
- Assisting administrators with registration to tournaments.
- Periodically help organise social functions for players, families and the team.
- Promoting to parents, players and coaching staff, Basketball Victoria's Code of Conduct and Mildura Basketball's Values.

- Other duties as directed by the MJH.
- Team Managers Manual is to be read in conjunction with Junior Heat Operational Policies and Guidelines for further details and allowance.
- **The team manager role is not a coaching role.**

TOURNAMENTS

Date	Month	Tournament	Team Information
Sat 26 th - Sun 27 th	Oct-24	Swan Hill Junior Tournament	ALL Teams – All Divisions
Sat 2 nd - Sun 3 rd	Nov-24	Geelong United Annual Tournament	ALL Teams – All Divisions
Sat 7 th – Sun 8 th	Dec-24	Shepparton Annual Junior Tournament	Division 1 & 2 Teams*
Sat 25 th – Mon 27 th	Jan-25	Bendigo Junior Classic	ALL Teams – All Divisions
Sat 8 th – Sun 9 th	Feb-25	Riverland Junior Carnival	Division 2 & 3 Teams*
Sat 8 th – Mon 10 th	Mar-25	Adelaide – SA Country Champs	U12, U14, U16 – All Divisions
<p><i>*Division 2 teams attend Shepparton OR Riverland. This will be assessed and determined by the Head Coach and DOC.</i></p> <p><i>Please Note: U18's will not be attending the Adelaide tournament</i></p>			
JUNIOR COUNTRY CHAMPIONSHIPS (Division 1 Teams Only)			
Sat 15 th - Sun 16 th	Feb-25	Junior Country Champs – TBC	U16 Division 1 Teams
Sat 15 th - Sun 16 th	Feb-25	Junior Country Champs – TBC	U18 Division 1 Teams
<p><i>Please Note: U18's - please ensure refundable accommodation is booked for U18 Country Champs as if the teams place in Division 3 or lower, the Champs will be held later and potentially in a different location. We will endeavour to have this information out as soon as we can.</i></p>			
Sat 5 th – Mon 7 th	Apr-25	Junior Country Champs – TBC	U14 Division 1 Teams
Fri 11 th – Sun 13 th	Apr-25	Junior Country Champs – TBC	U12 Division 1 Teams

All tournament fixtures (excluding Adelaide) can be found at [PlayHQ](#). Adelaide tournament fixtures can be found at Gameday [GameDay powered by Stack Sports - Home \(mygameday.app\)](#)

- **Tournament attendance is compulsory to all selected athletes. Should unforeseen circumstances arise the Head Coach must be advised at your earliest convenience.**

ACCOMMODATION

If, and when your child is selected into the Junior Heat program, it's best to start booking accommodation ASAP. **It is strongly recommended to book accommodation that provides a**

cancellation period in case of unforeseen circumstances such as athlete injury or events like COVID or floods as seen in previous seasons. (Since COVID most sites now have free cancellation options available).

Tournament accommodation needs to be booked in advance, particularly for Swan Hill, Bendigo and Shepparton as they book out quickly. Here are a few websites that may help:

- [Booking.com | Official site | The best hotels, flights, car rentals & accommodations](#)
- [Holiday Homes & Condo Rentals - Airbnb - Airbnb](#)
- [Wotif - Accommodation Deals on Australia's 1st Hotel Booking Website](#)

SOCIAL MEDIA

Mildura Junior Heat has a strong focus on communication and it uses a number of channels for sharing team messages quickly and efficiently. Once teams have been selected and team managers appointed, a Messenger group will be set up to communicate to all families of that team.

General information is also regularly updated on the following socials:

Facebook: <https://www.facebook.com/mildurajuniorheat>

Instagram: <https://www.instagram.com/mildurajuniorheat/>

Website: <https://www.mildurabasketballassociation.com.au/heat>

Mildura Junior heat also use Facebook and Instagram to advertise our program and send updates to families, as well as share tournament photos. If you DO NOT wish to have your child's photo shared to social media, please contact our social media coordinator Kim Anstey.

ATHLETES AND PARENT DECLARATIONS

All athletes and parents will be required to sign a Athlete & Parent Declaration form.

CONTACT

Any queries please contact the Junior Heat Committee via mjhcommittee@mildurabasketball.com.au

Junior Heat Committee

2024/2025 Junior Heat Representative Season
Mildura Basketball

“Unity is strength. . . when there is teamwork and collaboration, wonderful things can be achieved.”